



What Makes Us Catholic?

Sacred Heart of Jesus

Have you ever walked past a crucifix or picture of Jesus and your mind was elsewhere so you didn't notice it or really give a thought about what it represents? But maybe there have been times when you sensed He was looking right at you or felt the comforting rays of His merciful love?

The Sacred Heart represents Christ's love for all humankind, and our devotion to it is an important expression of our faith in His mercy.

We believe that Jesus Christ entered this world taking on our human flesh—true God also became true man. While the heart of Jesus obviously served a physiological function, spiritually, His Sacred Heart represents love: the divine love our Lord shares with the Father and Holy Spirit in the Trinity. It is a perfect, divine love which God has for us; and the genuine human love Christ felt in His human nature.

The Heart of Jesus never ceases to love us in heaven. He blesses us through the Sacraments. These are inexhaustible fountains of grace and holiness which have their source in the boundless ocean of the Sacred Heart of Jesus.

Considering our present day and age, the temptations and sins of this world, the growing apathy and secularism, it becomes even more important to turn in loving devotion to the Sacred Heart of Jesus, and ask Him to pour forth His grace. We must strive to make our hearts like His own, for He said, "Blessed are the pure of heart, for they shall see God" (Matthew 5:8).

Behold, this Heart that loves so much yet is loved so little. Jesus, I want to console your Heart.

Want to read more about this topic?

Sources:

- The Devotion to the Sacred Heart of Jesus, Fr. John Croiset, S. J.
- <https://www.ewtn.com/Devotionals/heart/index.htm>
- Catechism of the Catholic Church: 478, 1439, 2669



Do you have questions on this topic, or other topics you would like to learn more about?
Please complete the back side of this sheet and leave it in the box on the "What Makes Us Catholic?" stand.

Please note your question on this topic, or other topics you would like to learn more about below and leave it in the box on the "What Makes Us Catholic?" stand.

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